



5th International Conference

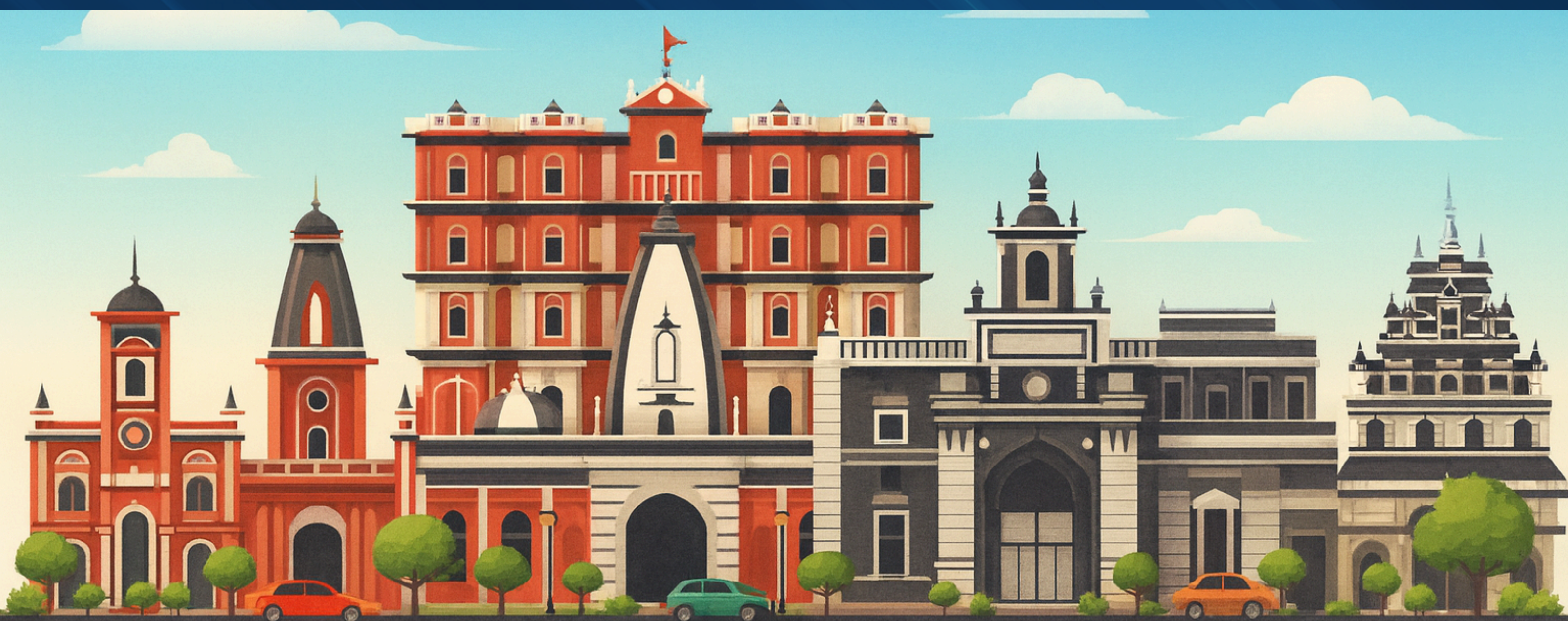
Theme :

Learn Today Implement Tomorrow

Organising secretary : Dr Arvind Verma Jangid

Date : April 17/18/19 - 2026

**Place : Skyline Resort and Convention
Centre
Indore M.P**



INDORE

2023

KOCHI

2023

KOLKATA

2024

POKHARA, NEPAL

2025

CHENNAI

Preliminary
Programme

2026

Now in

INDORE



IAOS

Indian Academy of Orthopaedic Surgeons

Conference Highlights

Learn Today Implement tomorrow

No trade stalls

Single hall

Most talks and workshops are for the first time in the country!

Legends in orthopaedics as faculty

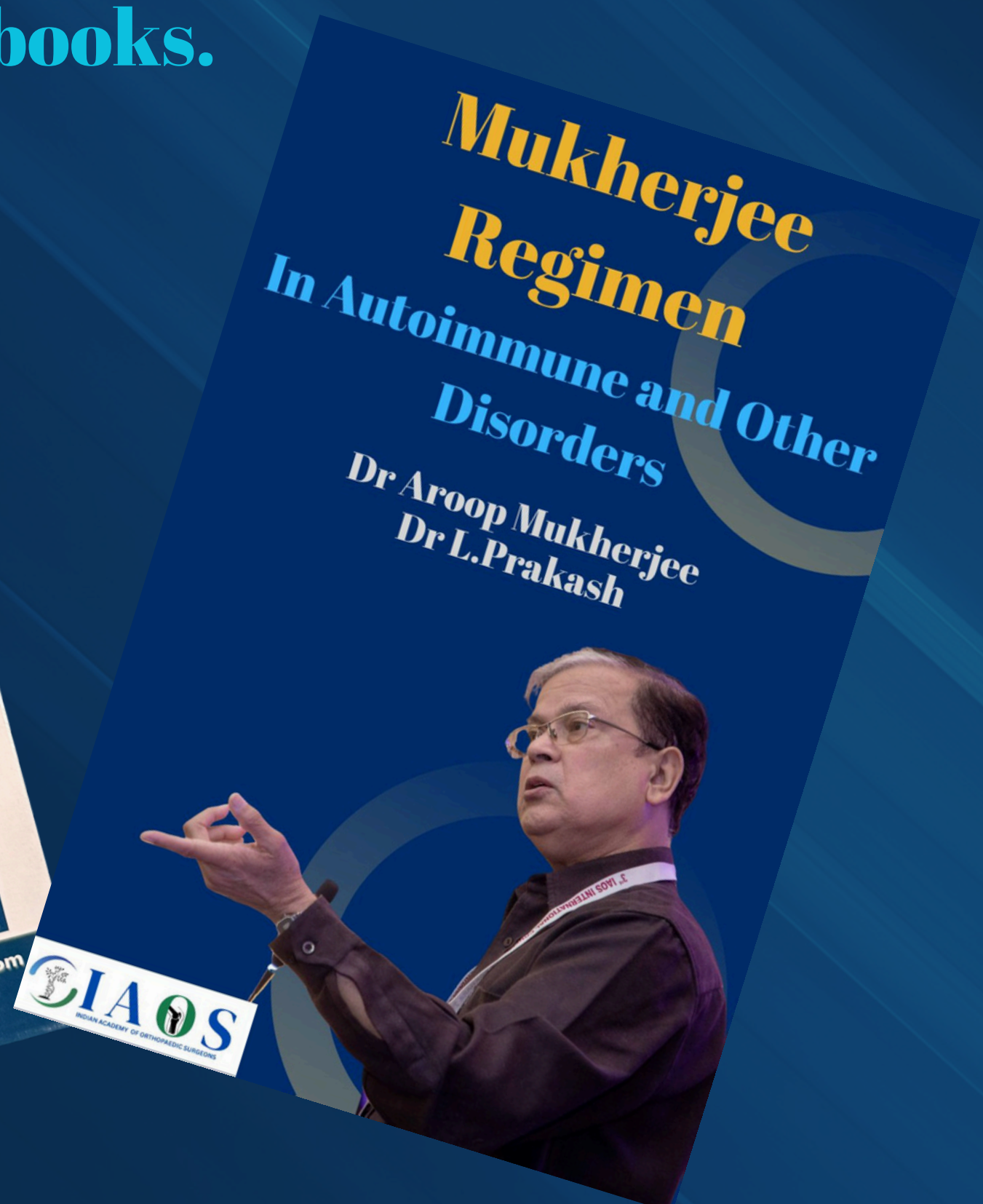
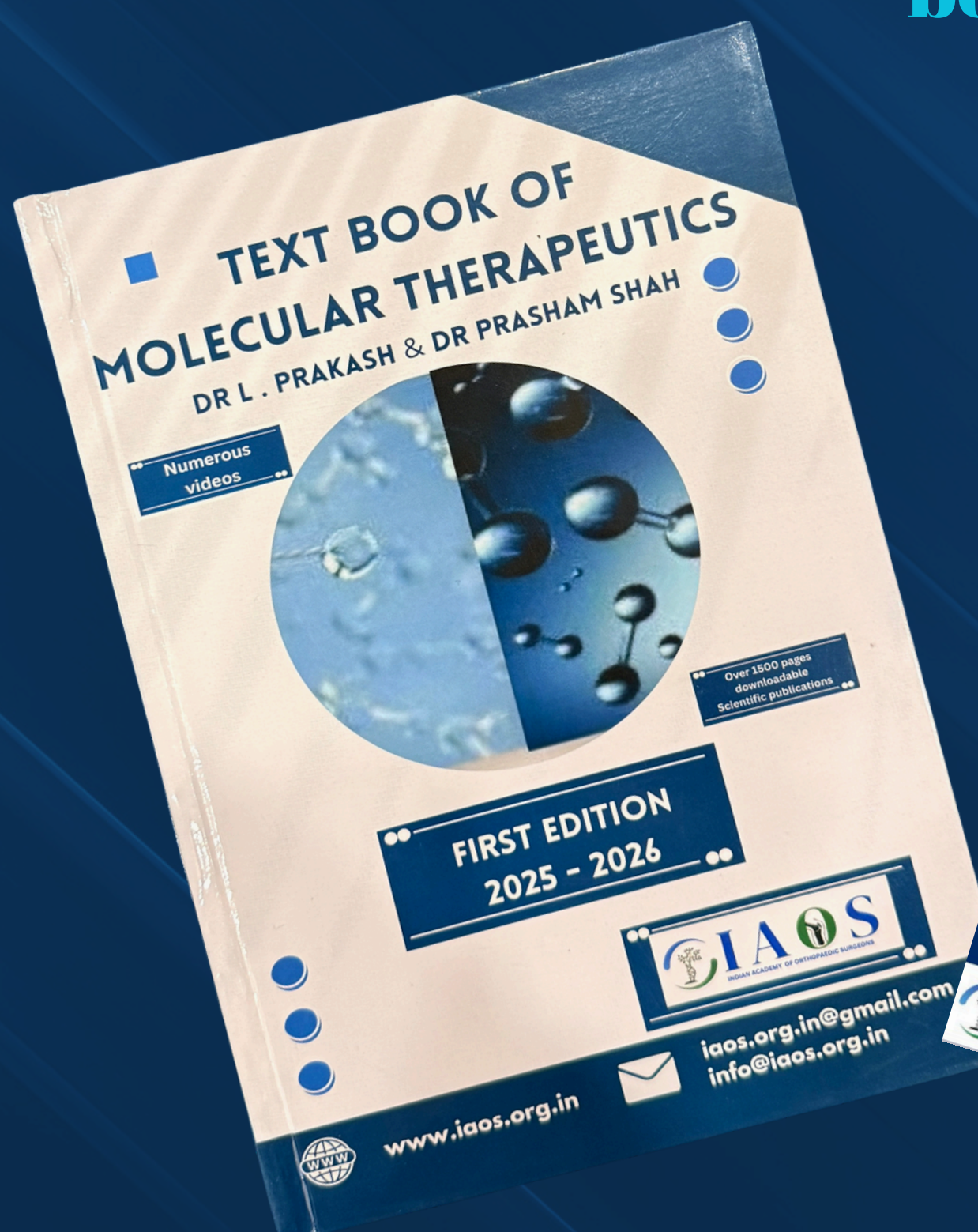
Focus on non commercial patient friendly ethical orthopaedic procedures.

Free latest edition hard bound books in delegate kit
Hard bound books worth 13,000 free in conference kit

**Text book of Molecular Therapeutics
&**

Mukharjee regimen

Only first 200 delegates will get the hard bound books.



DAY 1

TIME	TOPIC	SPEAKER
8.00 am to 8.30 am	REGISTRATION	
8.30 am to 9.00 am	INAUGURATION	
9.00 am to 1.00 pm	SESSION 1 Molecular therapeutics lecture	
9.00 am to 9.15 am	What is molecular therapeutics?	Dr L.Prakash
9.15 am to 9.30 am	Ozone and how I learnt the process	Dr Prasham Shah
9.30 am to 9.45 am	Routes of ozone administration	Dr Rajeev Tanwar
9.45 am to 10.00 am	Ozone in wound healing	Dr Deepak Sahotra
10.00 am to 10.15 am	Why am I fascinated with ozone and how I use it	Dr Siddarth Ramesh Babu
10.15 am to 10.30 am	Ozone MAHT, past present and future	Dr Prasham Shah
10.30 am to 10.45 am	Our protocol for wound healing in a government hospital	Dr Satish KuThangamani
10.45 am to 11.00 am	EBOO, what is it and what it does?	Dr L.Prakash

DAY 1

TIME	TOPIC	SPEAKER
11.00 am to 11.15 am	Ozone hip arthrodiastesis	Dr Jignesh Patel
11.15 am to 11.30 am	Intra Diskal Ozone	Dr Prasham Shah
11.30 am to 11.45 am	EBOO in AVN hips	Dr Sunil Saini
11.45 am to 12.00 pm	Ozone plus biologicals does the combination work?	Dr Satish Kumar Thangamani
12.00 pm to 12.15 pm	Ozone, hydrogen and celebrities!	Dr Ushashree Ravula
12.15 pm to 12.30 pm	Molecular therapeutics in cancers and neurological disorders	Dr L. Prakash
12.30 pm to 12.45 pm	Experiences with Ozone and filter free EBOO	Dr Ganesh ankam
12.45 pm to 1.00 pm	Ozone experiences from Nepal	Dr Dipendra Gurung
1.00 pm to 2.00 pm	LUNCH	
2.00 pm to 4.00 pm	SESSION 2 Workshop of molecular therapeutics ozone and hydrogen with live demonstration on participating volunteers	
2.00 pm to 2.15 pm	How to make ozonated saline, ozonated oils and most importantly OG, Ozonated glycerine the wonder compound.	



DAY 1



TIME	TOPIC	SPEAKER
2.15 pm to 2.30 pm	Ozone bladder wash and Vaginal ozone. Demonstration and hands on with models etc	
2.30 pm to 2.45 pm	BOTO - breathing ozone through oil and intra aural ozone for numerous conditions. Hands on workshop.	
2.45 pm to 3.00 pm	Hands on and live demonstration of MAHT on two or three workshop spots	
3.00 pm to 3.45 pm	Demonstration of 5th generation, renal filter free, non membrane, non destroyer 100% ozone use, borosilicate glass flask EBOO on volunteers.	
3.45 pm to 4.00 pm	Question and answer session throughout the session.	
4.00 pm to 6.00 pm	SESSION 3 PAIN MANAGEMENT	
4.00 pm to 4.15 pm	What is pain? Different types of pain	Dr Arvind Diwakar Jain
4.15 pm to 4.30. pm	Pain portal blocks, only example videos	Dr L. Prakash
4.30 pm to 4.45 pm	How blocks changed my practice in Nepal	Dr Deependra Gurung
4.45 pm to 5.00 pm	Blocks with ozone, case example videos alone	Dr Meenakshi Nilay Hande
5.00 pm to 5.15 pm	PPB in fractures, no plates nails or plasters	Dr Arvind Diwaker Jain





DAY 1



TIME	TOPIC	SPEAKER
5.15 pm to 5.30 pm	Block and walk for Trochanteric fractures	Dr Deepak Sahotra
5.30 pm to 5.45 pm	Intra osseous blockades and biotherapies for pain management	Dr Christodoulos Amorgianos Greece
5.45 pm to 6.00 pm	My experiences and case series with Pain Portal blocks	Dr Satpal Gupta



Faculty dinner
8.00 pm
onwards

Delegates free to enjoy the wonderful city of Indore





DAY 2



TIME	TOPIC	SPEAKER
9.00 am to 1.00 pm	SESSION 4 From orthopaedic surgery, to relearning orthopaedic medicine. Auto immune disorders, functional medicine and more.	
9.00 am to 9.15 am	What is functional medicine?	Dr Anjali Hooda
9.15 am to 9.30 am	Microbiota and its importance in Rheumatoid arthritis	Dr Vishnu Senthil
9.30 am to 9.45 am	The Mukharjee regimen de mystified	Dr L.Prakash
9.45 am to 10.30 am	IAOS Presidential Oration How I mastered DMARD and steroids	Dr Aroop Mukharjee
10.30 am to 10.45 am	Ankylosing spondylosis conquered	Dr Arvind Diwaker Jain
10.45 am to 11.00 am	Parasites back aches and much more	Dr G.N.Khare
11.00 am to 11.15 am	Osteoporosis management	Dr Hari Om agrawal
11.15 am to 11.30 am	How are diabetes obesity and arthritis related	Dr Aroop Mukharjee
11.30 am to 11.40 pm		Dr Johan Singapore
11.40 am to 11.50 am		Dr James
11.50.00 to 12.00 noon		
12.00 noon to 12.10 pm	Integration of medical specialities	Dr Paramjeet Kaur
12.20 pm to 1.00 pm	Keynote oration Craziiness and Obsession in Orthopaedics and Life	Dr L.Prakash



DAY 2



TIME	TOPIC	SPEAKER
1.00 pm to 2.00 pm	LUNCH	
2.00 pm to 4.00 pm	SESSION 5 Biological methods of fracture management. Spare the knife, make the fracture unite. Workshops included No treatment Micro invasive Feather weight plasters Gravity and other methods for supracondylar fractures. Block and walk for trochanteric fractures Humble hypodermic needle	
2.00 pm to 2.10 pm	Fractures that need no treatment except function	Dr Arvind Diwaker Jain
2.10 pm to 2.20 pm	Humble hypodermic needle	Dr Depends Gurung
2.20 pm to 2.30 pm	My experiences with IAOS methods	Dr Dayanidhi Jaiswara
2.30 pm to 2.40 pm	Block and walk trochanteric fractures	Dr L.Prakash
2.40 pm to 2.50 pm	Extension casting of humerus fractures	Deepak Sahotra
2.50 pm to 3.00 pm	Prakash method of reduction of shoulders	Dr Nilay Hande
3.00 pm to 3.10 pm	Gravity method of reducing supracondylar fractures	Dr Arvind Agrawal
3.10 pm to 3.20 pm	Khare protocol for SC fracture	Dr G.N.Khare
3.20 pm to 3.30 pm	Clavicle and Spine fractures, blocks and medical management	Dr Arvind Diwakar Jain





DAY 2



TIME	TOPIC	SPEAKER
3.30 pm to 3.40 pm	Prasad Method of managing Volar Bartons	Dr P N V S V Prasad
3.40 pm to 3.50 pm	Rediscovering Enders nail	Dr Jawahar Jhetwa
3.50 pm to 4.00 pm	Experiences with IASOS methods in trauma	Dr Ganesh Ankam
4.00 pm to 6.00 pm	SESSION 6 KEYNOTE LECTURES	
4.00 pm to 4.30 pm	How ilizarov Changed my life	Dr Arvind Verma Jangid
4.30 pm to 5.00 pm	Why medicine is not a good profession for our children	Dr Narayan Karne
5.00 pm to 5.30 pm	Pro-forma for Success	Dr John Ebnazer
5.30 pm to 6.00 pm	Complex cases in my life	Dr P. N. Vasudevan



GRAND BANQUET

7.30 PM

**All delegates
included**



DAY 3



TIME	TOPIC	SPEAKER
9.00 am to 12.30 pm	SESSION 7 MIROS/TPTS lectures, theory and techniques.	
9.00 am to 9.15 am	Principles and philosophy of MIROS	Dr L.Prakash
9.15 am to 9.30 am	MIROS instruments and implants, an introduction	Dr Prasham Shah
9.30 am to 9.50 am	MIROS works when other methods are impractical	Dr Ganesh ankam
9.50 am to 10.20 am	MIROS/TPTS Case examples of India's largest series	Dr Susheel Chowdhary
10.20 am to 10.40 am	My Experiences with MIROS	Dr Deepak Sahotra
10.40 am to 11.00 am	How MIROS changed my fracture management perspective	Dr Nilay Hande
11.00 am to 11.15 am	My Experiences with MIROS with case examples	Dr Prashant Patil
11.15 am to 11.30 am	MIROS in a small town practice	Dr Pankaj Katole
11.30 am to 12.30	Hands on workshop on Transparent bone models to understand the biomechanics of the MIROS/TPTS system without C arm.	
12.30 pm to 1.15 pm	5th IAOS International conference oration	
1.15 pm to 2.00 pm	LUNCH	





DAY 3



TIME	TOPIC	SPEAKER
2.00 pm to 4..00 pm	Micro-invasive, mini invasive and office orthopaedics	
2.00 pm to 2.15 pm	Five wire method for distal radius fractures	Dr P. N. Vasudevan
2.15 pm to 2.30 pm	Kapandji Revisited	Dr Arvind Diwaker Jain
2.30 pm to 2.45 pm	Needle method for treating ganglions	Dr Narayan Karne
2.45 pm to 3.00 pm	The forgotten enders nail	Dr Suresh Bhola
3.00 pm to 3.15 pm	What is Office orthopaedics	Dr Narayan Karne
3.15 pm to 3.30 pm	IAOS methods in OPD practice	Dr Nilay Hande
3.30 pm to 3.45 pm	Wholistic medicine in office practice	Dr John Ebnazer
3.45 pm to 4.00 pm	Innovations in my practice	Dr Jawahar Jhetwa

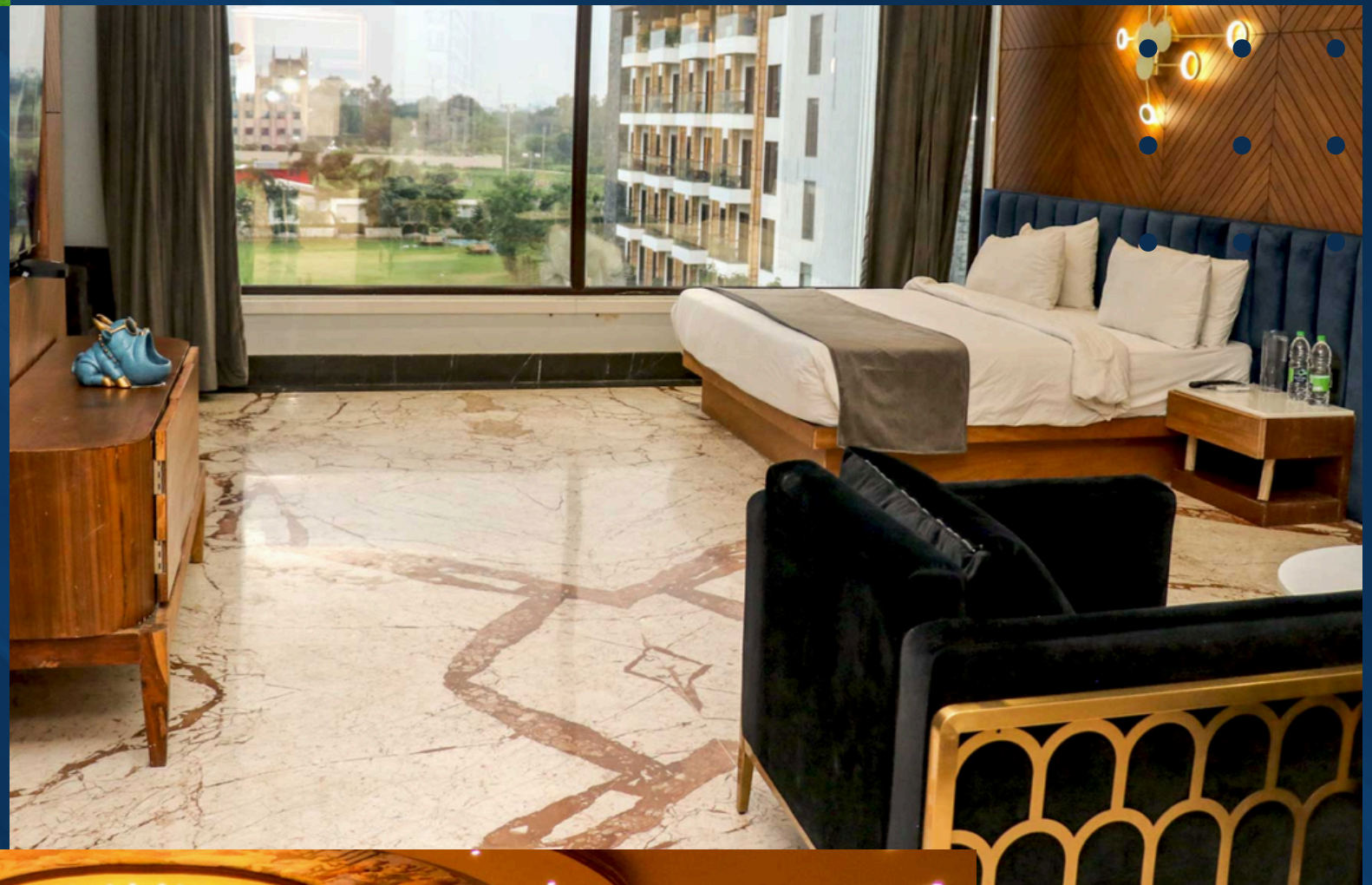


5.00 pm
Valedictory function
&
Vote of Thanks



VENUE

SKYLINE RESORT AND CONVENTION CENTRE, INDORE, M.P.



Registration Charges

Hard bound books worth Rs 13,000 only for first 200 delegates

Early Bird registration before 31st december Non IAOS Members	Rs 15,000 for 3 days including 4 workshops and grand banquet
For IAOS life members	Rs 13,000 includes 4 workshops and grand banquet
Accompnying person/spouse (conference food is included. local program on their own)	Rs 12,000
Registrations after January 2026	Rs 17,000 for the event, workshops and Banquet
After January 2026 - Accompanying person/spouse (conference food is included. local program on their own)	Rs 15,000
3 Days Venue accommodation single occupancy or couple occupancy	Rs 18,000
Room Sharing with a delegate for 3 days	Rs 10,000 Each

- **Calculate the total payment**
- **Keep your photo as jpeg and your medical council registrations with you**
- **Make payment to the account/ QR code and take a screenshot of payment.**
- **Fill the form and upload the pictures**

Upload your photograph and payment screenshot in the form
You will be added to the delegates group and be sent updates.
Welcome to Indore for an extravaganza of unusual innovative wonderful
therapies in musculoskeletal disorders!



ACCOUNT DETAILS:
ACCOUNT NO:120001617498
NAME: IAOS TECHNOLOGY
PRIVATE LIMITED CANARA BANK
IFSC CODE: CNRB0001166



<https://forms.gle/DcZ5Nf2p5TTQMfN98>



**No Refunds On
Cancellation**