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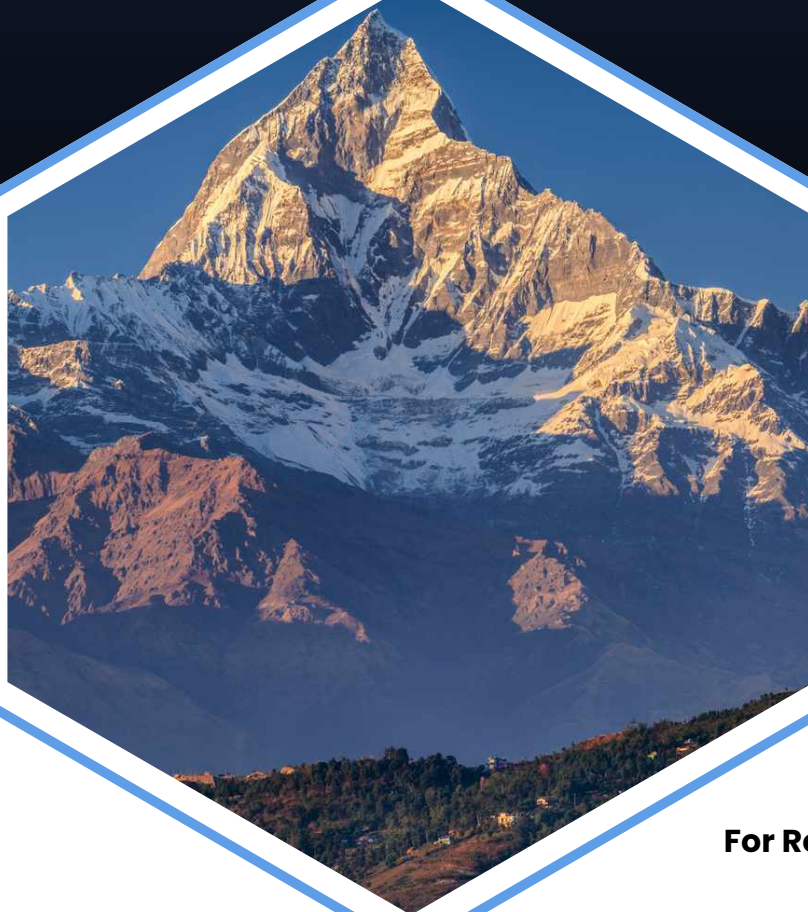
IAOS

Indian Academy of Orthopaedic Surgeons

INTERNATIONAL ANNUAL CONFERENCE

Theme :

**"BACK TO BASICS,
SPACE AGE NON OPERATIVE ORTHOPAEDIC MANAGEMENT"**



April 4, 5, 6, 2024



**Hotel Pokhara Grande,
Pokhara, Nepal**

For Registrations Contact:

Dr L.Prakash

Whatsapp messages only



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WHATSAPP



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Pokhara the paradise of Nepal



Hotel Pokhara Grande, the venue



First international conference by an orthopaedic association from India
without any sponsors or stalls
IAOS is Setting examples for others to follow

How to reach Pokhara

Direct Flights from India

- **Delhi to Kathmandu**
- **Mumbai to Kathmandu**
- **Kolkata to Kathmandu**

For other cities

Fly to New Delhi.

Delhi Kathmandu flights take one and half hours and cost Rs 5000 upwards. Kathmandu to Pokhara is a 20 minute flight



Travel by road via scenic route from
Gorakhpur



Bus, Taxi and other modes of transport available

You can also drive to border (Bhairahawa) from where a 20 minute flight will take you to Pokhara.



CONFERENCE HIGHLIGHTS

Four conference workshops and demonstrations

- MIROS/TPTS
- Ozone in musculoskeletal disorders
- Space age plaster techniques
- Molecular hydrogen and EBOO Demonstration
- 70 Lectures
- 12 Innovations in Orthopaedics
- Many new techniques
- 3 lunches/ tea, coffee
- One Gala cocktail dinner
- Accommodation assistance at super discount at venue and nearby
- Best season for tourism

Thursday, April 4th, 2024

Inauguration by Dr Arjun Lamichanne, President, Nepal Orthopaedic Association

Session 1 : MIROS and TPTS, 9 am to 12 pm

Chairpersons: Dr N.K.Agarwal, Dr R.A.Agarwal

8.30 am to 8.45 am	Registration and kit distribution	IAOS staff
8.45 am to 8.50 am	Welcome Address	Chandraja K S
8.50 am to 9.00 am	Inauguration by watering Tulasi Plant	Chief guest Dr Arjun Lamichanne President NOA and other luminaries.
9.00 am to 9.10 am	Introduction to IAOS Methods	Dr L. Prakash
9.10 am to 9.18 am	Miros instruments and implants, an introduction	Dr Prasham Shah
9.18 am to 9.30 am	Surgical technique of MIROS TPTS	Dr Susheel Chowdhary
9.30 am to 9.50 am	Tips and tricks in surgery of MIROS	Dr Mario Tangari
9.50 am to 10.00 am	MIROS in distal Radius	Dr Kingshukh Mandal
10.00 am to 10.10 am	MIROS in Elbow and proximal humerus	Dr Susheel Chowdhary
10.10 am to 10.20 am	MIROS in calcaneum	Dr Mario Tangari
10.20 am to 10.30 am	MIROS in newer applications	Dr Susheel Chowdhary
10.30 am to 10.38 am	MIROS My experiences	Dr Pankaj Katole
10.38 am to 10.46 am	Case illustrations from my practice	Dr Ganesh Ankam
10.46 am to 11.02 am	Case illustrations from my practice	Dr Prashanth Patil
11.02 am to 11.10 am	Case illustrations from my practice	Dr Deepak Sahotra
11.10 am to 11.18 am	Case illustrations from my practice	Dr Mohammad Khan
11.18 am to 11.26 am	Case illustrations from my practice	Dr A. N. Mukharjee
11.26 am to 11.34 am	Machine injury forearm by Miros	Dr S.N.Nandi
11.34 am to 11.42 am	My experience with IAOS methods including MIROS, OZONE, PAIN PORTALS.	Nilay Hande

MIROS workshop : 11.42 am to 12.30 pm

**Table instructors: Mario Tangari, Susheel Chowdhary, Pankaj Katole,
Prashant Patil, Mohammad Khan, Ganesh ankam, Amar Babu,
Jaishankar Prasad, Nilay Hande**

Session 2 : Pain Portal Blocks, 12.30 pm to 1.34 pm
Chair persons: Dr A.N.Mukharjee, Dr John Ebnazer

12.30 pm to 12.50 pm	PPB indications technique tricks	Dr L. Prakash
12.50 pm to 1.10 pm	History, genesis, and future of PPB	Dr Arvind Diwaker
1.10 pm to 1.18 pm	Case illustrations from my practice	Dr Dipendra Gurung
1.18 pm to 1.26 pm	Case illustrations from my practice	Dr Mohammad Khan
1.26 pm to 1.34 pm	Use of PPB in anaesthesia and ICU	Dr Minakshi Nilay Hande
1.34 pm to 1.40 pm	PPB versus IA steroid in frozen shoulder	Dr Shahish Surme

Lunch : 1.40 pm to 2.15 pm

Session 3 : Ozone the Miracle Molecule : 2.15 pm to 5.00 pm
Chair persons: Dr Arvind Diwaker and Dr P.N.Vasudevan

2.15 pm to 2.25 pm	Ozone, the molecule indications and mechanism	Dr Prasham Shah
2.25 pm to 2.35 pm	All about Ozone generators	Dr L.Prakash
2.35 pm to 2.45 pm	Intra articular Ozone	Dr Prasham Shah
2.45 pm to 2.50 pm	Case illustrations from my practice	Dr Deepak Sahotra
2.50 pm to 3.00 pm	Intra Diskal Ozone	Dr Prasham Shah
3.00 pm to 3.08 pm	Extra corporeal blood ozone oxygenation	Dr L.Prakash
3.08 pm to 3.16 pm	Prasham's method of MAHT	Dr Prasham Shah
3.16 pm to 3.24 pm	Case illustrations from my practice	Dr Vinod Jain
3.24 pm to 4.02 pm	Stanley Protocol for infections with metal inside	Dr S. K. Thangamani
4.02 pm to 4.10 pm	Ozone in cosmetology and woman's health	Chandraja K.S.
4.10 pm to 4.20 pm	Molecular hydrogen in musculoskeletal disorders	Dr L. Prakash

Ozone demo and workshop : 4.20 pm to 5.00 pm.

Demo includes MAHT, and intra articular ozone.

Table instructors: Prasham Shah, L.Prakash, Mohammad Khan, Vinod Jain, Deepak Sahotra, Chandraja K.S. and others

From 5.00 pm onwards local tourism and enjoy Pokhara.

Friday April 5th 2024

Session 1 : Non Operative orthopaedics : 9.00 am to 12.00 pm

Chair persons: Dr Shivashankar and Dr Prasham Shah

9.00 am to 9.10 am	Philosophy and science of non operative Fracture management	Dr L.Prakash
9.10 am to 9.30 am	Supra condylar, and clavicle fractures	Dr Arvind Diwaker
9.30 am to 9.38 am	Gravity method for supracondylar fractures	Dr Arvind agrawal
9.38 am to 9.50 am	Non Operative management of acetabular fractures	Dr N.K.Magu
9.50 am to 9.58 am	Extension plasters for upper limb injuries clinical and cadaveric studies	G. N. Khare
9.58 am to 10.06 am	Distal radial fractures	Dr Narayan Karne
10.06 am to 10.14 am	Trochanteric fractures modern non operative methods	Dr L. Prakash
10.14 am to 10.22 am	Extension casting of humerus fractures	Dr Arvind Diwakar
10.22 am to 10.30 am	Non operative management of ankle sprains and syndesmotic injuries	Dr Kumar Archit
10.30 am to 10.38 am	Conservative management of Shaft and proximal humerus	Dr Vishnu Senthil
10.38 am to 10.46 am	My case series of non operative fracture management	Dr Dayanidhi Jaiswara
10.46 am to 11.02 am	Fragility fractures - Triple approach	Dr John Ebnazer
11.02 am to 11.12 am	Biology and management principles of non union	Prof P.V. Vijayaraghavan

Workshop on featherlite plasters : 11.12 am to 12.00 pm.

Table instructors: Dr Arvind Diwaker, Dr Dayanidhi Jaiswara, L.Prakash

Session 2 : Orthopaedic Medical Management: 12.00 pm to 1.30 pm

Chair persons: Dr Naveen Thakkar, Dr Prasham Shah

12.00 pm to 12.15 pm	Spondyloarthrosis, Rheumatoid arthritis, osteoarthritis, are they the same? Magic of Mukharjee regimen	Dr Aroop mukharjee
12.15 pm to 12.30 pm	Ankylosing spondylosis and the magic bullet	Dr Arvind Diwaker
12.30 pm to 12.45 pm	Wholistic approach to musculoskeletal problems	Dr John Ebnazer
12.45 pm to 1.00 pm	Role of parasitic infestation in the etiopathogenesis and management of chronic low back pain, neck pain and arthritis.	G. N. Khare

Lunch : 1.00 pm to 1.45 pm

Session 3 : Basics of Ilizarov, 1.45 pm to 3.45 pm

Chair persons : Dr Mario Tangari, Dr Tajan

1.45 pm to 2.00 pm	Surgical technique, wires, pins, and corticotomy	Dr P.N.Vasudevan
2.00 pm to 2.15 pm	Ilizarov in foot and ankle	Dr Kiran Patel
2.15 pm to 2.30 pm	Special tricks in surgical techniques	Dr Arvind Verma Jangid
2.30 pm to 2.45 pm	Ilizarov in femur	Dr Mohammad Younous
2.45 pm to 3.00 pm	Plate assisted Ilizarov in managing compound fractures	Dr R.A. Agarwal
3.00 pm to 3.15 pm	Shortening Frame time with plate assistance	Dr Amar Soni

Grand banquet: 7.30 pm onwards



**Beach Bar and Lodge
Pokhara, Nepal**



Saturday 6th April 2024

Session 1 : Remaining Ilizarov lectures: 9.00 am to 11.30 am

9.00 am to 9.15 am	Ilizarov Halo-pelvic device for spine deformities	Dr Rizwan akram
9.15 am to 9.30 am	Ilizarov in post polio deformities	Dr Suresh Bhola
9.30 am to 9.45 am	Proximal humerus, AC joint and clavicle ilizarov	Dr Mohammad Younous
9.45 am to 10.00 am	Ilizarov in limb salvage with other modalities	Dr Amar Soni
10.00 am to 10.15 am	Ilizarov in tibia	Dr Arvind Verma Jangid
10.15 am to 10.30 am	Modern ilizarov frames, hexapods, Stewart platforms and more	Dr Kiran Patel
10.30 am to 10.45 am	Deformity correction for beginners	Dr P.N.Vasudevan
10.45 am to 11.00 am	IHO, ilizarov hip osteotomy for beginners	Dr Mohammad Younous

**Session 2 : Molecular hydrogen infusion and EBOO demonstration
11.00 am to 12.00 pm**

12.00 pm to 1.30 pm : Debates in Orthopaedics AVN hip and Neck of Humerus Chair persons: Dr Kingshuk Mandal, Dr Swarnendu Samantha

12 pm to 12.15 pm	Osteotomy for AVN with examples	Dr N.K.Magu
12.15 pm to 12.30 pm	Mukharjee regimen for AVN with examples	Dr Aroop Mukharjee
12.30 pm to 12.45 pm	Three decades of hip preservation	Dr Anil Gohler
12.45 pm to 1.00 pm	Rational analysis of different managements in AVN	Dr Narayan Karne
1.00 pm to 1.10 pm	PHILOS or PHN in neck humerus	Dr Amulya singh
1.10 pm to 1.20 pm	Does Lisfranc injury of midfoot always require surgery?	Dr Girish Motwani

Lunch : 1.20 pm to 2.00 pm

**Session 3 : Innovations in orthopaedics : 2.00 pm to 5.30 pm
Chair persons: Dr L. Prakash, Dr Arvind Diwaker, Dr Prasham Shah**

Saturday 6th April 2024

Session 1 : Remaining Ilizarov lectures: 9.00 am to 11.30 am

2.00 pm to 2.15 pm	My orthopaedic innovations	Dr Jawahar Jhetwa
2.15 pm to 2.30 pm	My orthopaedic innovations	Dr B. Shivashankar
2.30 pm to 2.45 pm	Complex Fractures of Proximal Tibia & Distal Femur - Thinking Beyond the Ordinary!	Dr Naresh agarwal
2.45 pm to 3.00 pm	Mukharjee shoulder	Dr A. N. Mukharjee
3.00 pm to 3.15 pm	My innovations	Dr Swarnendu Samantha
3.15 pm to 3.30 pm	Needle plasty and cement pin osteotomy for blood flow redirection	Dr Jignesh Patel
3.30 pm to 3.45 pm	Humble hypodermic needle	Dr Dipendra Gurung
3.45 pm to 4.00 pm	Ingenuity, jugged and innovations in orthopaedics	Dr PNVSV Prasad
4.00 pm to 4.10 pm	Dr Arvind Diwaker hands over presidential collar to Dr Prasham Shah	

Vote of thanks and Valedictory function : 4.10 pm

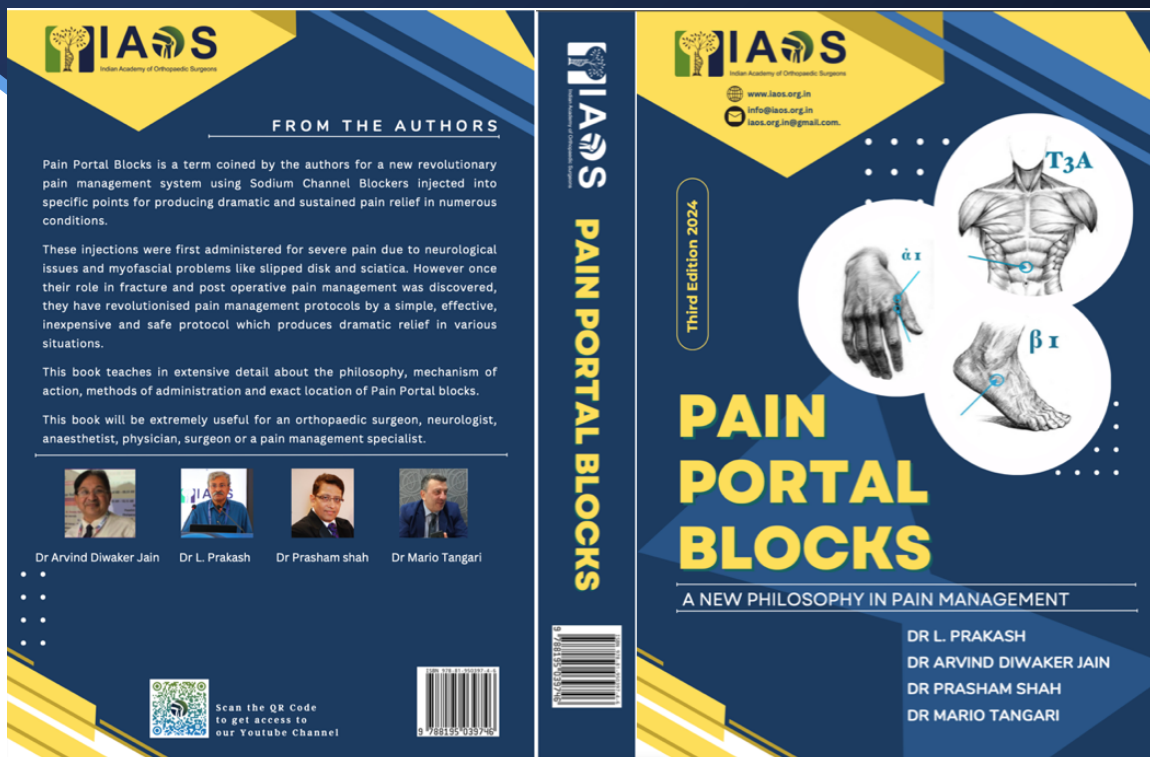
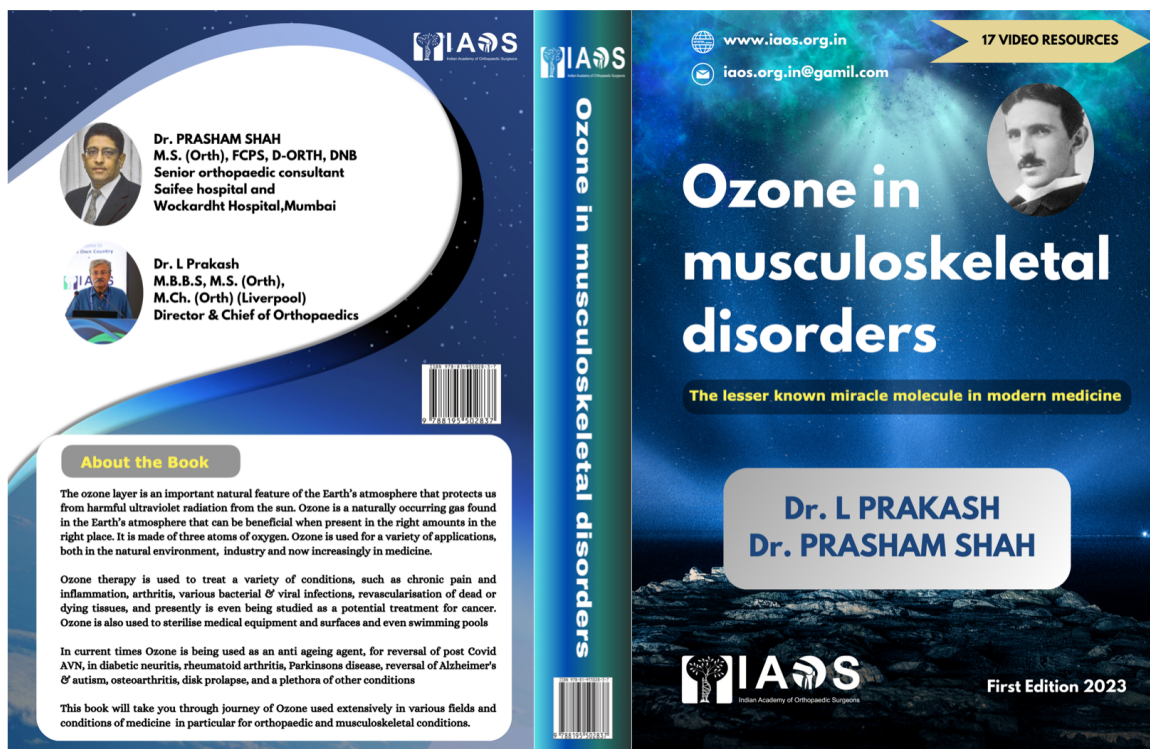


REGISTRATION AND ACCOMMODATION FEE IN NEAR BY 3 STAR HOTEL

	Registration fee (Conference fee + 3 days lunch, Tea, Coffee, Snacks + 1 banquet)	Accommodation fee (3 night + complimentary brteakfast + free airport pick up and drop)	Accomodation fee (4 night + complimentary breakfast + free airport pick up and drop)
Indian Delegates	INR 22,000	INR 7000 per day INR 21000 3 days single	INR 7000 per day INR 28000 4 days single
Nepal Delegates	NPR 25,000	NPR 7000 per day NPR 21,000 3 days single	NPR 7000per day NPR 28,000 4 days single
International Delegates	US\$ 450	100\$ per day, 3 days 300\$ staying single	100\$ per day, 4 days 400\$ staying single

	Registration fee (Conference fee + 3 days lunch, Tea, Coffee, Snacks + 1 banquet)	Accommodation fee (3 night + complimentary brteakfast + free airport pick up and drop)	Accomodation fee (4 night + complimentary breakfast + free airport pick up and drop)
Accompanying person Indian	INR 15,000	INR 8000 per day INR 24000 3 days sharing double per room	INR 8000 per day INR 32000 4 days sharing double per room
Accompanying person Nepal	NPR 20,000	NPR 7000 per day NPR 21,000 3 days sharing double per room	NPR 7000 per day NPR 28,000 4 days sharing double per room
Accompanying person International	US\$ 350	100\$ per day, 3 days 300\$ sharing double per room	100\$ per day, 4 days 400\$ sharing double per room

**If two delegates share a room,
they will pay half the rent each.**



All Registrants will get hard bound books worth Rs 10,000 with the delegate kit. Later registrants will get PDF copies

Disclaimer :

- Delegates who wish to stay in double occupancy room without sharing have to pay full room rent per day per room and no refund is possible later on.
- Rooms will be allotted on first come first serve basis.
- Once registered no refunds on cancellation.

ACCOUNT DETAILS Account No:120001617498

Name: IAOS TECHNOLOGY PRIVATE LIMITED

Canara Bank TS Road Kalpathy Palakkad Pin -678003

IFSC Code: CNRB0001166



Please calculate delegate fees, spouse or accompanying persons fees, accommodation charges and make composite payment for the event.
Take a screenshot and you will need to upload in form.

After payment is made please click below to fill Google form with payment screenshot

CLICK HERE



Only 300 registrations

- **Nepal Delegates contact Dipendra Gurung +977 984-6210493**
- **Pakistan Delegates contact Mohammad Khan +92 332 9084068**
- **Bangladesh Delegates contact Shubha Prasad +880 1712-614693**



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